Make your journey easier... with the HITRANS Thistle Assistance Card



The quick and easy way to get help when using public transport



People with disabilities often need a little more time to get on and off public transport and to have a safe and comfortable journey to their destination.

The aim of the **HITRANS Thistle Assistance Card** is to help anyone who has difficulty in using public transport because of their age, disability or illness. It will quickly and easily tell about any extra help you may need during your journey.

The card is supported by a wide range of voluntary organisations and most transport operators in the Highlands and Islands.



How does the Thistle Assistance Card work?

Enclosed are some peel-off stickers which show different disabilities (square stickers) and the type of help you need (rectangular stickers).

Peel off the stickers which show your disability and the help you need, and put them on the front of the **HITRANS Thistle Assistance Card**.

- > When using public transport, show the card to the staff member, who will then be able to quickly see what you need.
- On the back of the card you can add any extra details that you may think will be useful to the bus driver.
- **>** Please show the card **clearly** to the driver/staff member.

Simply peel the relevant sticker(s) and attach them in the space provided on the front of the HITRANS Thistle Assistance Card, then show it clearly to the bus driver the next time you use public transport.

Your HITRANS Thistle Assistance Card

Please note that the HITRANS Thistle Assistance Card is for information only and does not mean that you get a concessionary or discounted fare.

Who are HITRANS?

HITRANS is the Regional Transport Partnership (RTP) for the Highlands and Islands. We are made up of five local councils: Argyll and Bute, Comhairle nan Eilean Siar, Highland, Moray and Orkney Islands.

Our aim is to provide everyone living in the Highlands and Islands with good access to healthcare, education, public services and employment opportunities.



For further information and list of stockists please visit www.hitrans.org.uk



All HITRANS publications are available in a variety of formats, including large print, braille and a range of languages. For further information please contact us on **01463 719002**.