

Badenoch and Strathspey Active Travel Map

Walking and cycling routes in Badenoch and Strathspey



HiTravel
Smarter Travel Choices

PUBLIC TRANSPORT

Traveline Scotland – www.travelinescotland.com

ScotRail – www.scotrail.co.uk

Stagecoach – www.stagecoachbus.com

Citylink – www.citylink.co.uk

Badenoch and Strathspey Community ConnXions – 01479 810 004 www.bscx.co.uk

Aviemore Adventurer www.stagecoachbus.com/promos-and-offers/north-scotland/aviemoreadventurer

OTHER USEFUL WEBSITES

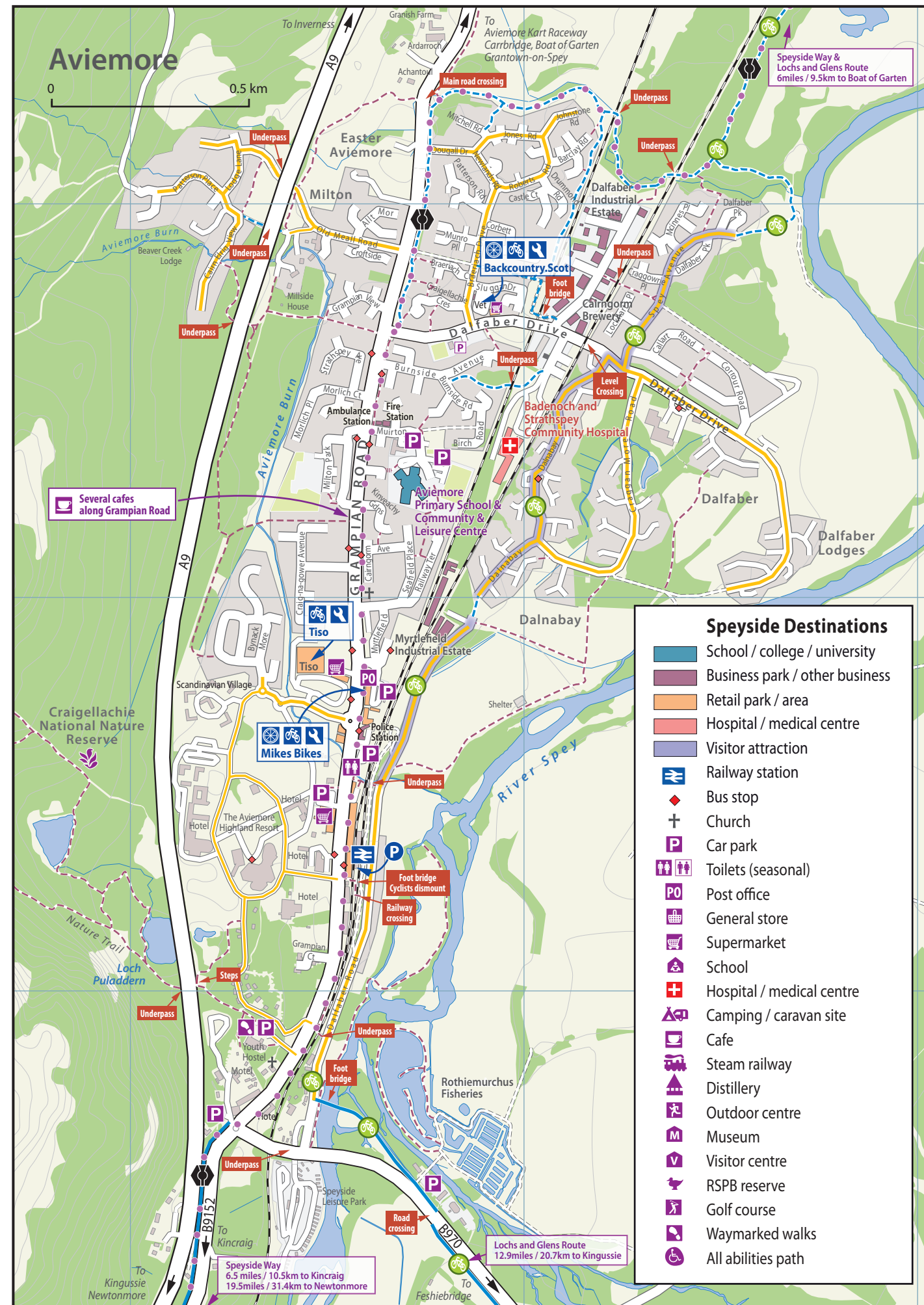
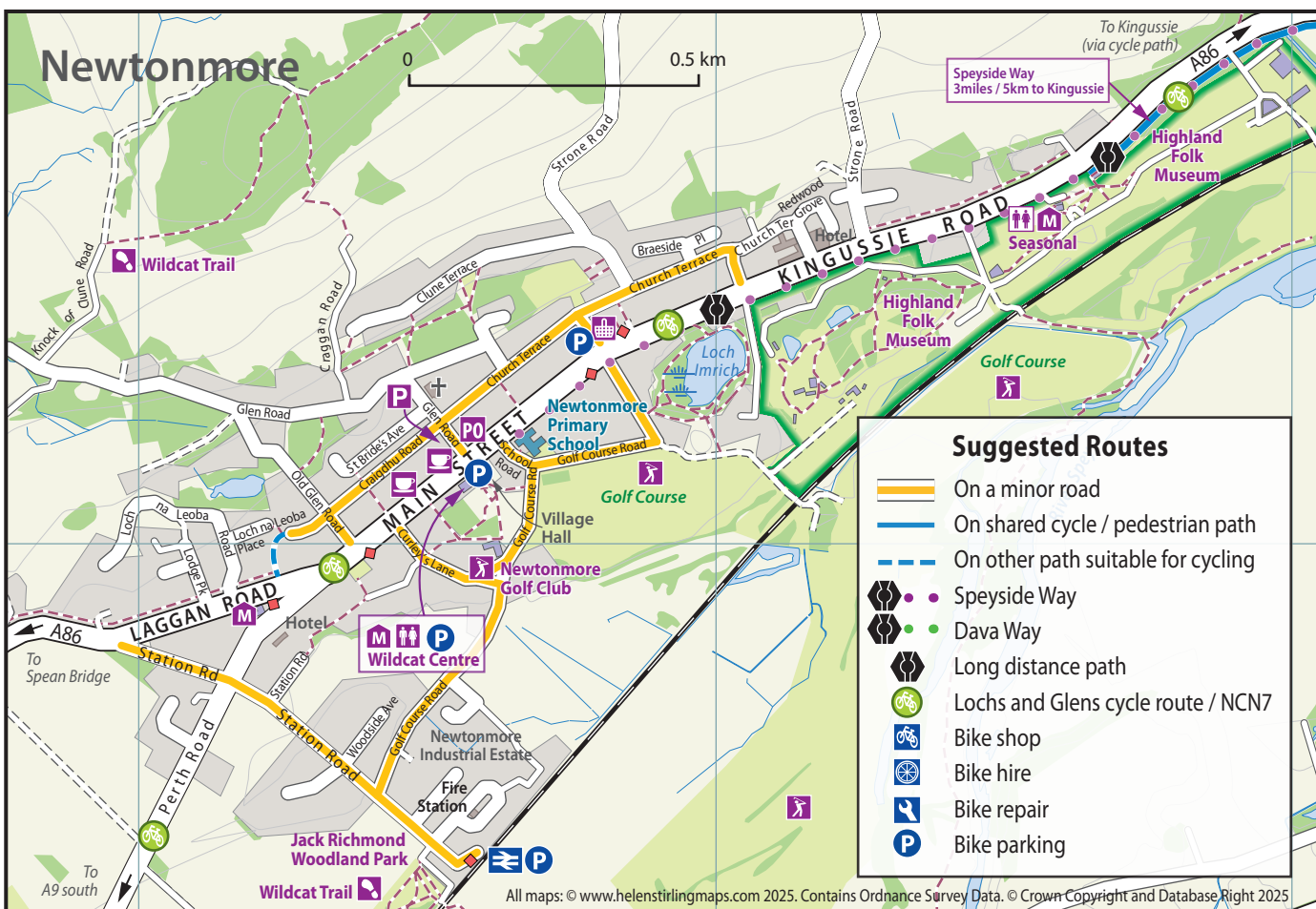
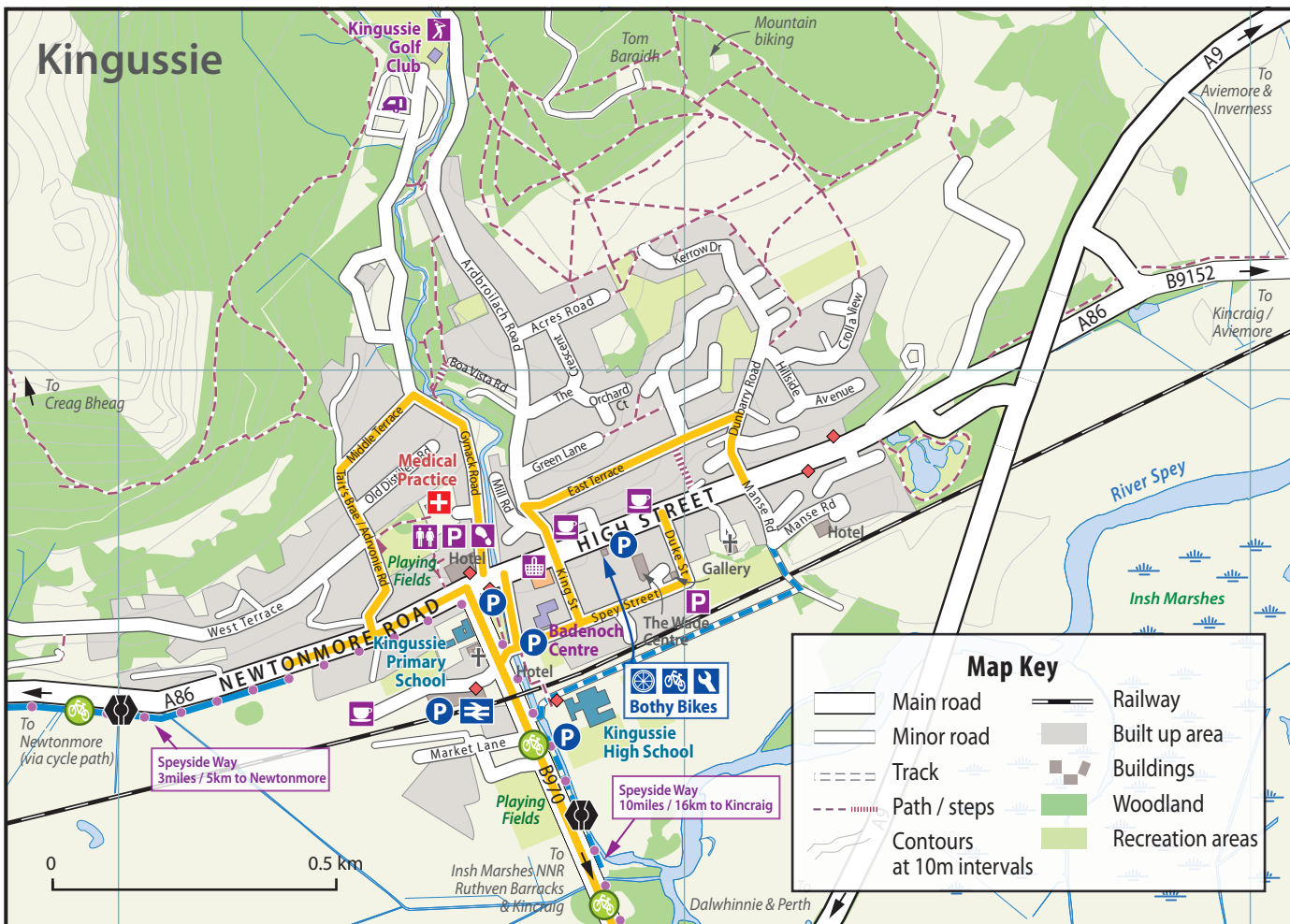
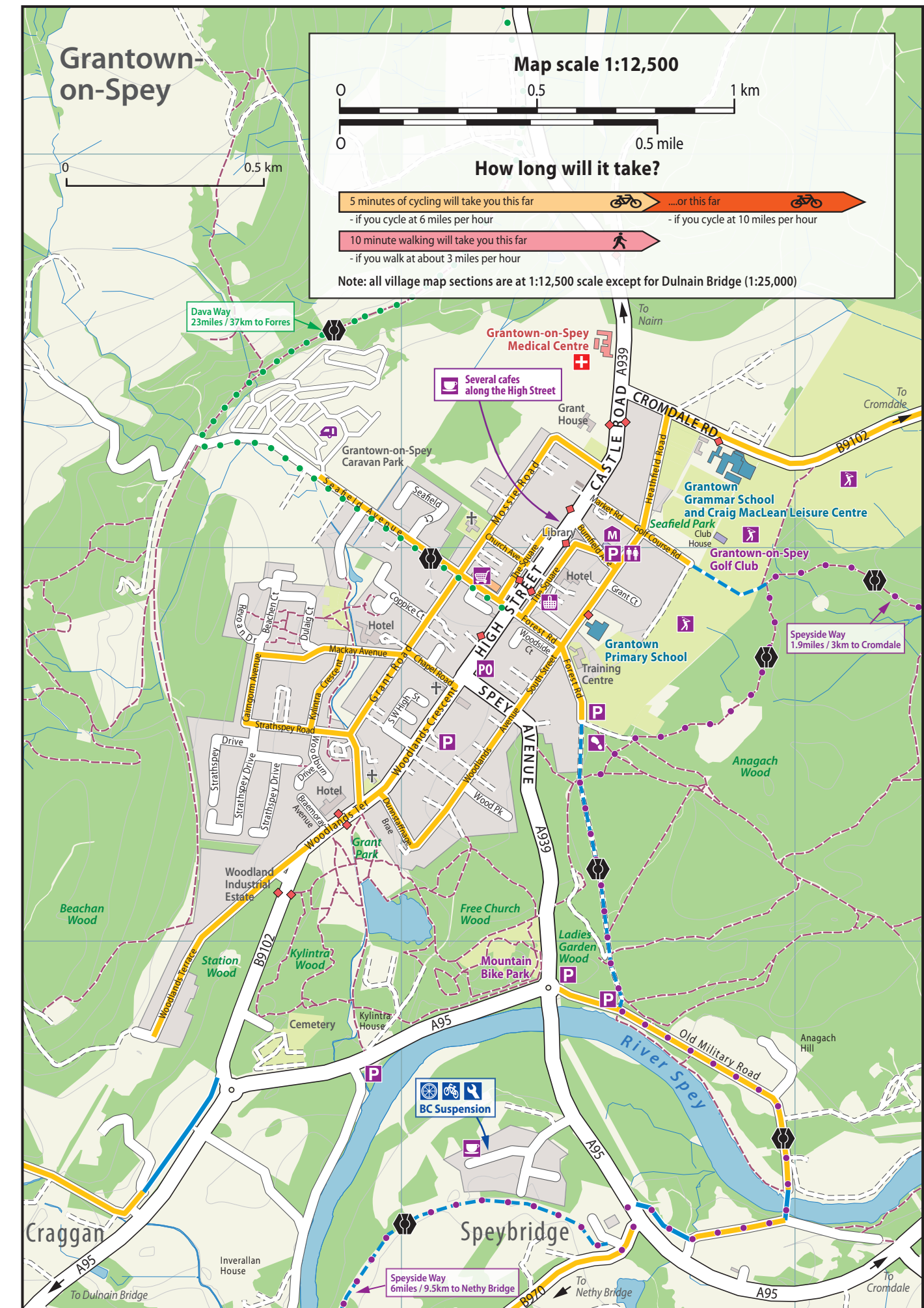
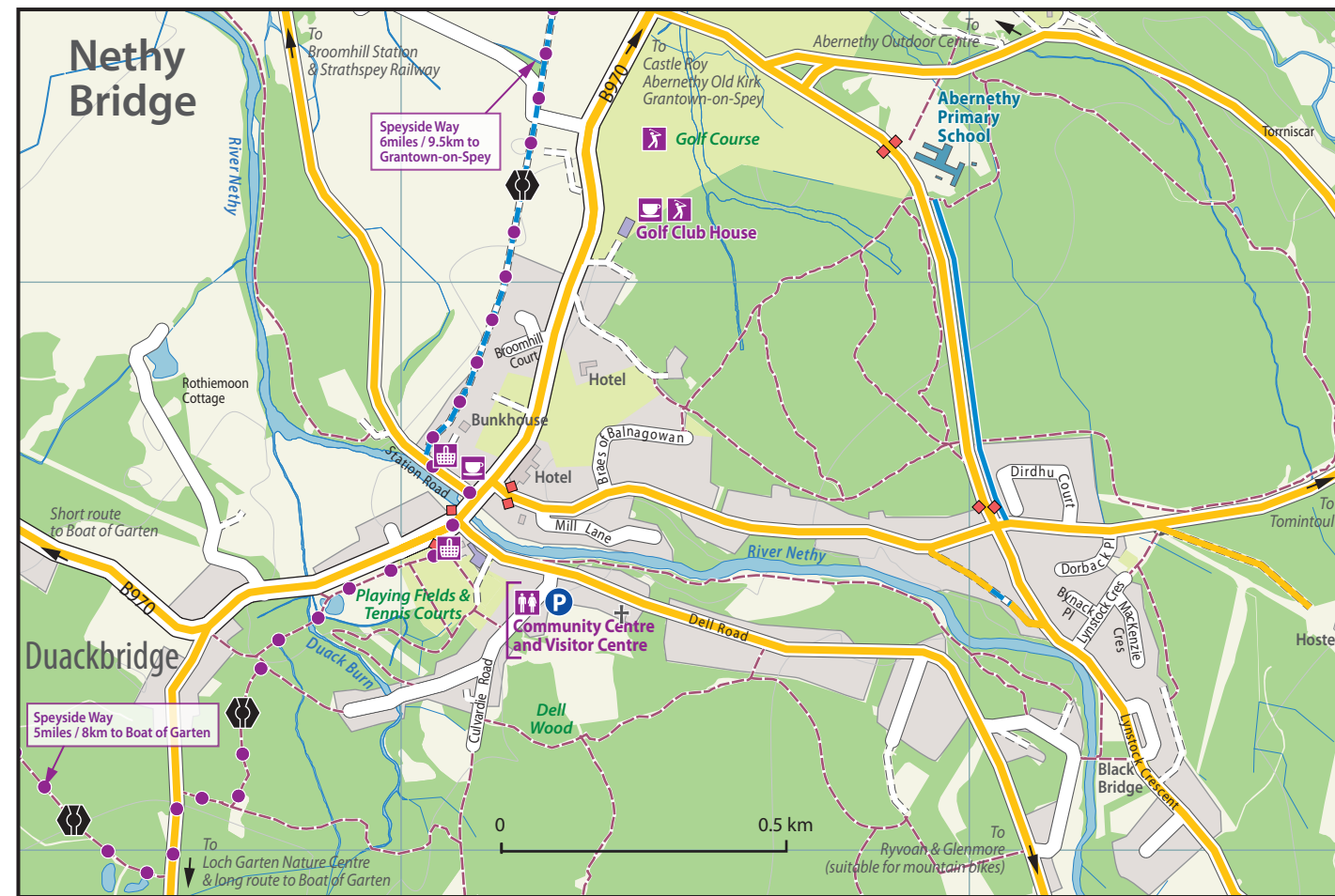
Sustrans Scotland – www.sustrans.org.uk/scotland

Cycling Scotland – www.cycling.scot

Paths for All – www.pathsforall.org.uk

Energy Saving Trust – www.energysavingtrust.org.uk/scotland

CycleStreets – Journey planning – www.cyclestreets.net



SAFETY AND COURTESY

When you're cycling make sure you're easily visible to other road users – wear bright or reflective clothing and use front and rear lights when riding in the dark.

Check the Highway Code for information on walking, cycling and safe driving around cyclists. www.highwaycodeuk.co.uk

LOCAL BIKE SHOPS

Mikes Bikes Aviemore
5A Myrtlefield Shopping Centre, Aviemore, PH22 1RH
t: 01479 810 478 w: www.aviemorebikes.co.uk

Bothy Bikes
56 High Street, Kingussie, PH21 1HZ
t: 01540 667 111 w: www.bothybikes.co.uk

BC Suspension
Unit 9/4 Achnagonalin Industrial Estate, Granttown-on-Spey, PH26 3TA
t: 01479 816 555 w: www.bcsuspension.co.uk

Ride Scotland
Railway Station, Boat of Garten, PH24 3BH
t: 01479 851 729 w: www.ridescotland.com

Backcountry.Scot
5 Granish Way, Aviemore, PH22 1UQ
t: 01479 811 829 w: www.backcountry.scot

Tiso
Unit 1, Aviemore Retail Park, Santa Claus Drive, Aviemore, PH22 1AF
e: aviemore_oe@tiso.co.uk

Garten Gears, Professional Bike Servicing - Boat of Garten
t: 07927 820 621 e: hello@gartengears.co.uk

USING THIS MAP

This active travel map highlights suggested routes for cycling in Strathspey. Where possible, it identifies traffic-free routes which are recommended for walking too. The map also shows quieter roads which people may prefer for cycling.

Badenoch and Strathspey is a great place to walk and cycle, and is where many people choose to make their journeys actively. This map shows how easily you can reach key destinations by bike or on foot.



This map was produced by:



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Cover image © Rachel Keenan / Cairngorms National Park Authority

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Suggested Routes

- On a minor road
- On shared cycle / pedestrian path
- On other path suitable for cycling
- Speyside Way
- Dava Way
- Long distance path
- Lochs and Glens cycle route / NCN7
- Bike shop
- Bike hire
- Bike repair
- Bike parking

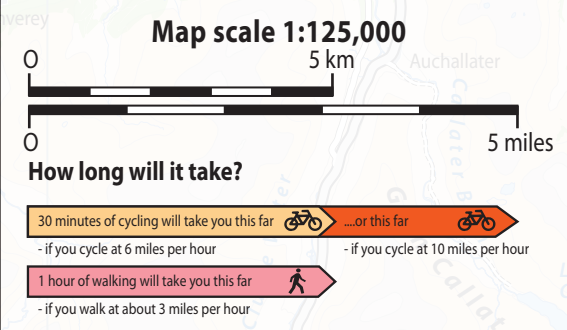
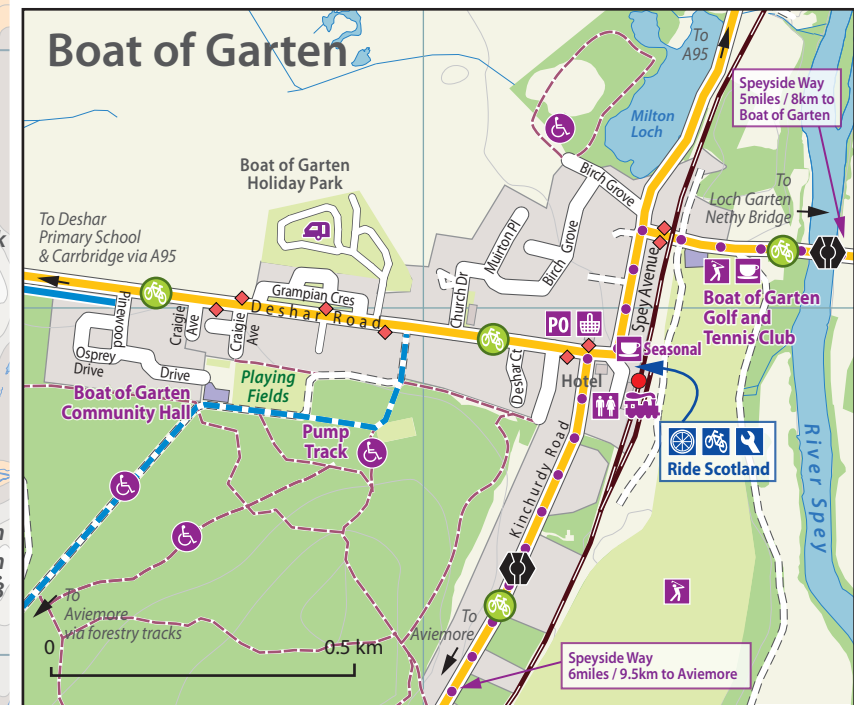
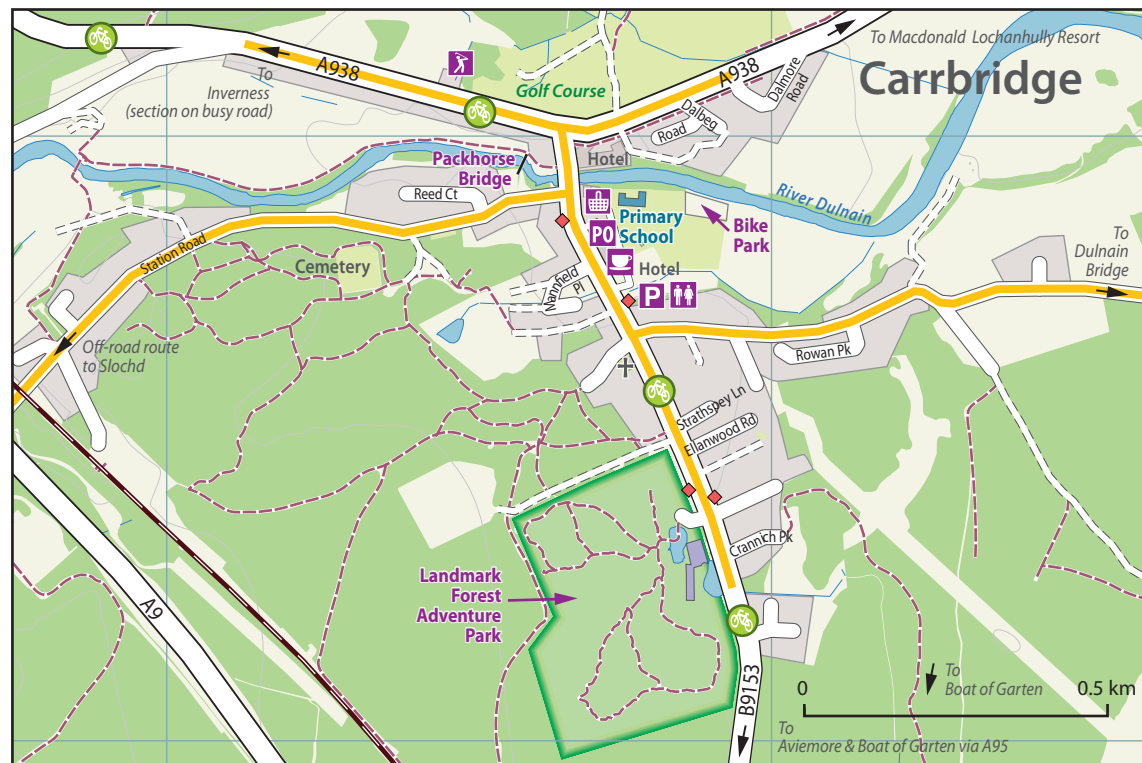
Map Key

- A9 Trunk road
- A9 Dual carriageway
- A82 'A' road road
- B8043 'B' road
- Minor roads
- Track
- Path
- Railway / station
- Bus stop
- Settlement
- Woodland
- Cairngorms National Park boundary
- Parking
- Toilets (seasonal)
- General store
- Supermarket
- School
- Medical centre
- Camping / caravan site
- Cafe
- Wildlife park
- Steam railway
- Distillery
- Outdoor centre
- Museum
- Visitor centre
- National Nature Reserve
- RSPB reserve
- Cairngorm mountain
- Waymarked walks
- All abilities path
- Other place of interest
- Detailed map sections

PLEASE NOTE:
This map should NOT be used to navigate the mountain paths.
Please refer to O.S. Landranger sheets 35 and 36 and O.S. Explorer sheets OL56, OL57, OL58, OL60 and OL61.

Further information on walking and cycling routes can be found at:

Walking and mountain biking:
www.visitcairngorms.com/cycle
Walking routes: www.walkhighlands.co.uk/cairngorms
Speyside Way: www.speysideway.co.uk
Dava Way: www.davaway.org.uk



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